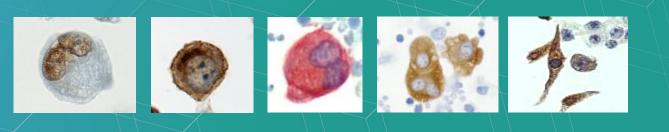
Immunocytochemistry – overview, considerations and applications

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Sources

EFCS surveys

- Immunocytochemistry
 - 245 participants; 94% from 26 European countries, 6% from 5 non-European countries
 - Cancer Cytopathol. 2020;128(10):757-766. doi:10.1002/cncy.22311
- Cell blocks
 - 402 participants; 97% from 27 European countries, 3% from 10 non-European countries

UK NEQAS ICC results

Our studies and experiences

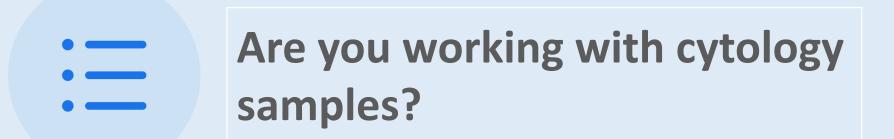
- Preservation of biomarkers immunoreactivity on cytospins protected with polyethylene glycol. Cytopathology. 2021; 32: 84– 91.
- Time-related changes in cell morphology and biomarker immunoreactivity for cells stored in a buffer-based cell medium. Cytopathology. 2021;32(4):513-518.
- Immunocytochemistry practices in European cytopathology laboratories review of European Federation of Cytology Societies (EFCS) online survey results with best practice recommendations, Cancer cytopathology 128 (10): 757-766, 2020.
- Cell count-based triaging of cytology samples for cell block preparation, Cytopathology.2016; 28(3): 216-220.
- Optimization and validation of immunocytochemical detection of oestrogen receptors on cytospins prepared from fine needle aspiration (FNA) samples of breast cancer, Cytopathology. 2015;26(2): 88-98.
- External quality control for immunocytochemistry on cytology samples : a review of UK NEQAS ICC (cytology module) results, Cytopathology.2011; 22(4): 230-237.
- Haemorrhagic cytology samples: how to get the best diagnostic results, Cytopathology.2007; 18(3):175-179.
- MIB-1 immunostaining on cytological samples: a protocol without antigen retrieval, Cytopathology.2004; 15(3):154-159.



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(i) Start presenting to display the poll results on this slide.

Immunocytochemistry (ICC) = IHC on cytology samples

Cytology

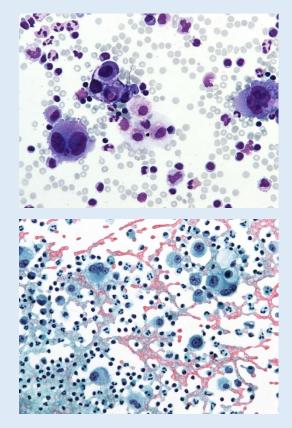
- Minimally invasive diagnostic method
- First line, sometimes ONLY available
- US-FNA, EUS-FNA

ICC applications

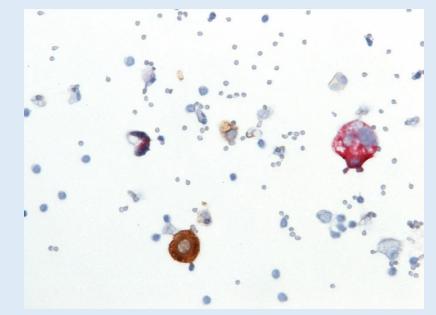
- Tumor typization
- Metastasis origin
- Prognostic/predictive

Value of ICC in a modern cytopathology- effusions

Pleural effusion, M, 80 yrs, ca pancreas

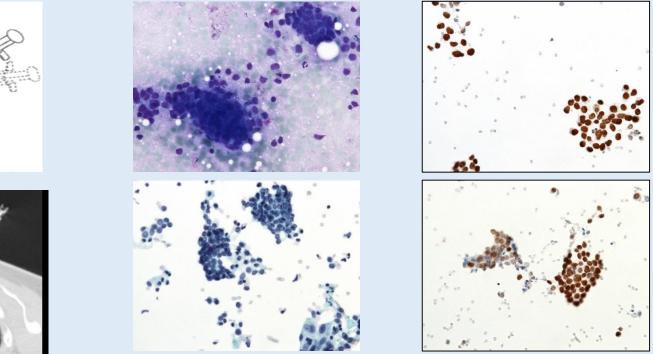


Double ICC – Calretinin/MOC31



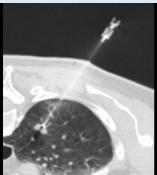
Value of ICC in a modern cytopathology - breast cancer- hormone receptor status



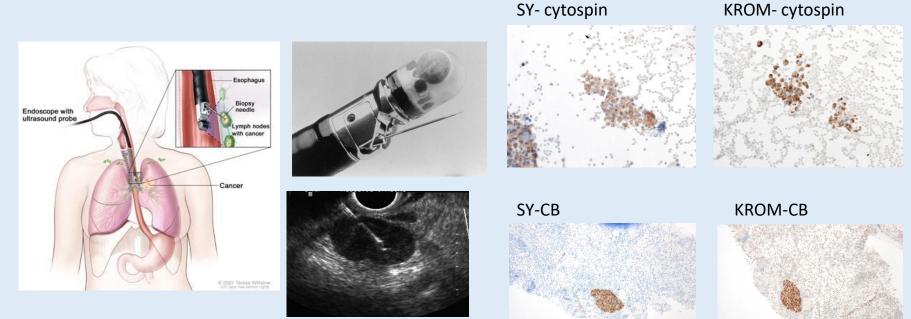


ER

PR



Endoscopic ultrasound guided FNAs (EUS-FNAs)



Immunohistochemistry (IHC) = Immunocytochemistry (ICC)

- Principles
- Basic steps
- Antibodies
- Reagents
- Platforms
- QA/QC measures

Immunohistochemistry (IHC) **≠** Immunocytochemistry (ICC)

Pre-analytical

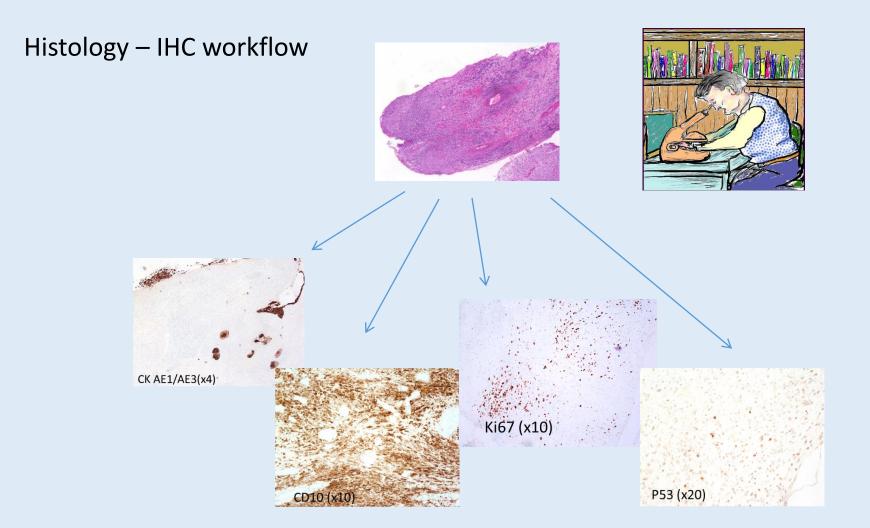
- Sample management and processing
- Fixation

Analytical

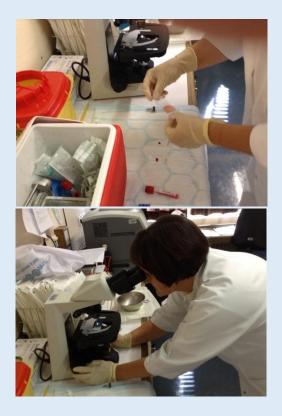
- Pretreatment
- Dilutions
- Detection kits

QA/QC

- Control slides
- Optimization
- Validation



Cytology –ICC workflow



On site immediately

Diagnostic smears

Smear for Rapid On Site Evaluation (ROSE) sample adequacy ? ancillary test ?

Sample for ICC, special stain, flow cytometry, FISH, ISH, molecular test ?

Cytology – ICC workflow

- Low and unknown sample volume/cellularity
- Sample adequacy
- Immediate decision for ancillary methods

Cytology sample processing – slide preparation options

- Cell blocks
- Direct smears
- Cytospins
- Liquid based cytology LBC

Cell blocks

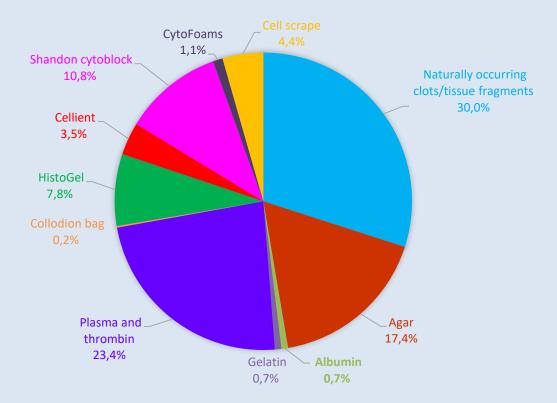
FFPE cell blocks ≈ FFPE tissue samples

Advantages

- easy storage
- multiple sections
- same protocols as for FFPE
- same QC/QA
- no additional validation studies



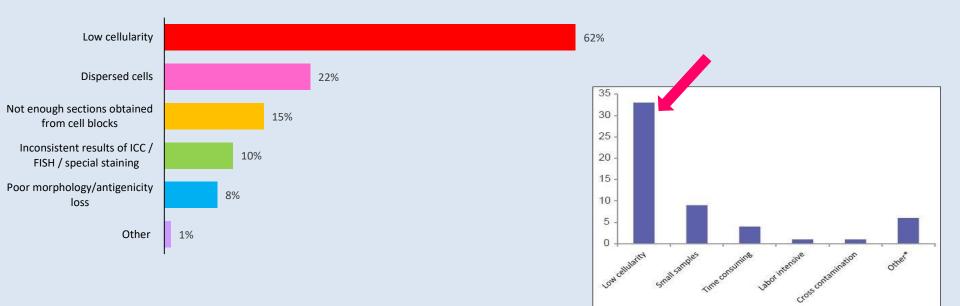
Cell block preparation methods – EFCS survey



Cell blocks - disadvantages

- no standardized protocol
 - medium for sample collection (fixative, PBS, commercial solutions, RPMI, other)
 - fixation (formalin and non- formalin based)
 - cell pellet preparation (agar, HistoGel, plasma thrombin, Cellient,)
- not suitable for low cellular samples
- time consuming (个 TAT)
- \uparrow price
- sample triaging

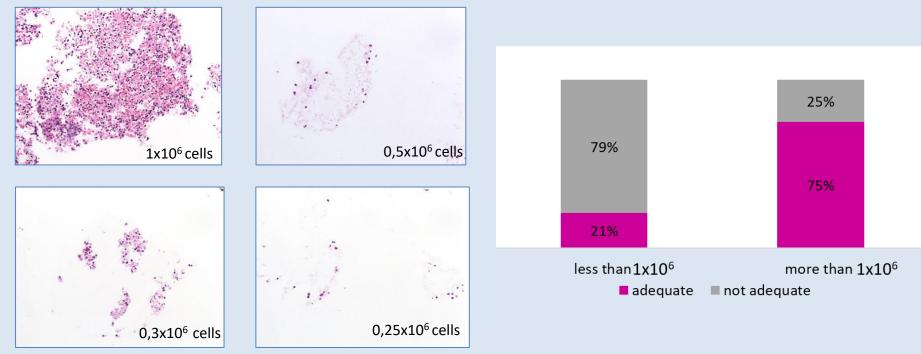
Issues with CB



Crapanzano, J. P., Heymann, J. J., Monaco, S., Nassar, A., & Saqi, A. (2014). The state of cell block variation and satisfaction in the era of molecular diagnostics and personalized medicine. CytoJournal, 11, 7. https://doi.org/10.4103/1742-6413.129187

CB cellularity – number of cells embbedded

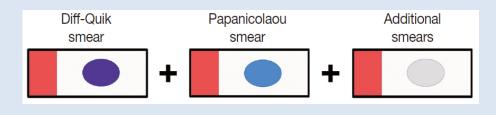
CB from aliquotes of the same sample with different cellularity

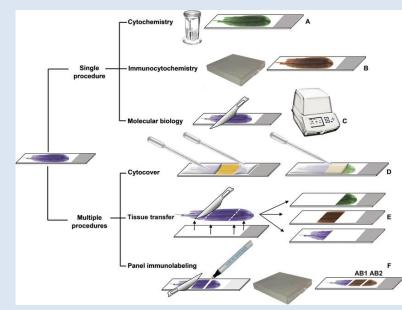


Srebotnik Kirbiš I, Strojan Fležar M. Cell count-based triaging of cytology samples for cell block preparation. Cytopathology. 2017;28(3):216-220. doi:10.1111/cyt.12404

Smears - advantages

- always available
- quick, simple, inexpensive
- morphological evaluation before ICC





Marrinhas, Carla & Malhão, Fernanda & Lopes, Célia & Sampaio, Filipe & Moreira, Raquel & Caniatti, Mario & Santos, Marta & Marcos, Ricardo. (2022). Doing more with less: multiple uses of a single slide in veterinary cytology. A practical approach. Veterinary Research Communications. 46. 10.1007/s11259-022-09953-0.

Alternatives to cell blocks

- Establishing a protocol for ICC staining and CISH of Giemsa and Diff-Quick prestained cytological smears (E. Beraki, TK Olsen, T Sauer, CytoJournal 2012)
- The application of ICC to **direct smears** of metastatic Merkel cell carcinoma (SM Knoepp et al. Diagn Cytopathol **2013**)
- ER, PR, and Her2 immunocytochemistry on cell-transferred cytologic smears of primary and metastatic breast carcinomas: a comparison study with formalin-fixed cell blocks and surgical biopsies (Ferguson J et al. Diagn Cytopathol. 2013 Jul;41(7):575-81. doi: 10.1002/dc.22897. Epub 2012 Jul 16.

Smears - disadvantages

- sample triaging: which case/ how many smears
- uneven and uncontrolled distribution of the cells
- background ICC staining
- unstandardized:
 - unstained, Papanicolaou stained, MGG, Diff-Quick
 - fixation: drying before or after, acetone, ethanol based, formalin based, combination of fixatives, one step, multi steps
 - storage: freezer, refrigerator, RT, dried, in a fixative, PEG

Cytospins

- slides prepared by cytocentrifuge from cell suspension
- Cell suspension:
 - PBS, RPMI, ...
 - methanol and ethanol based solutions
- Fixation:
 - before or after drying
 - methanol/ethanol/formalin based fixative
- Storage:
 - fixed or unfixed slides
 - freezer, refrigerator, RT





Stokes B.O. Principles of cytocentrifugation. Lab. Med. 2004;35:434–437.

Cytospin

Advantages

- multiple slides
- monolayer, controlled distribution of the cells
- short or long term storage of cell suspension/slides
- postponed decision for ancillary tests

Disadvantages

- cytocentrifuge
- non standardized procedure
- knowledge, experience, cooperation

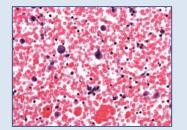
20 x 10⁶ cells

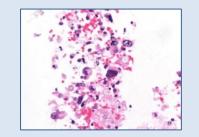


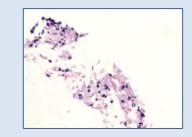


0.1 x 10⁶ cells

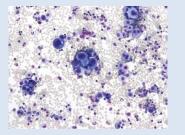


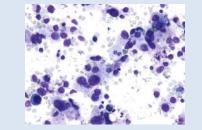


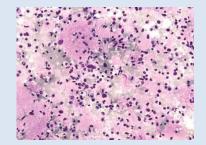


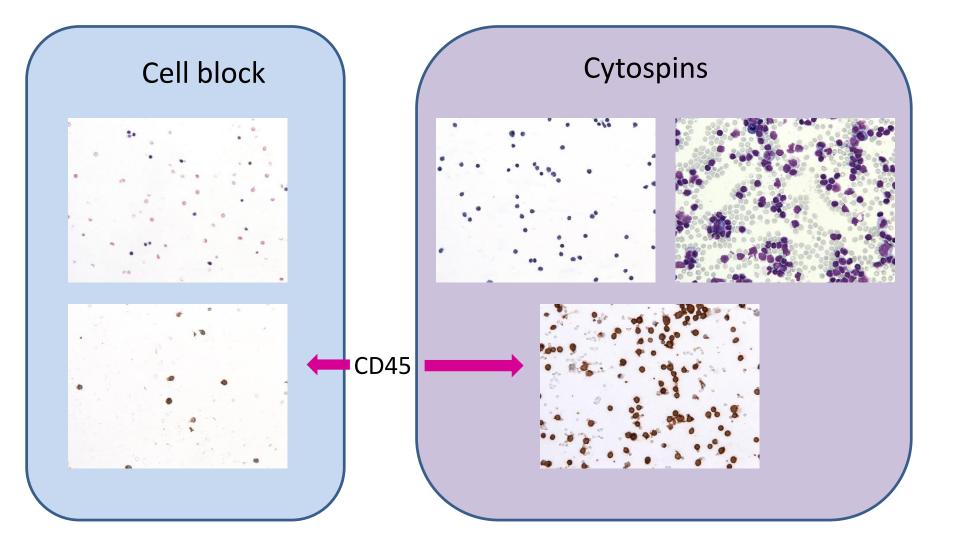


corresponding cytospins

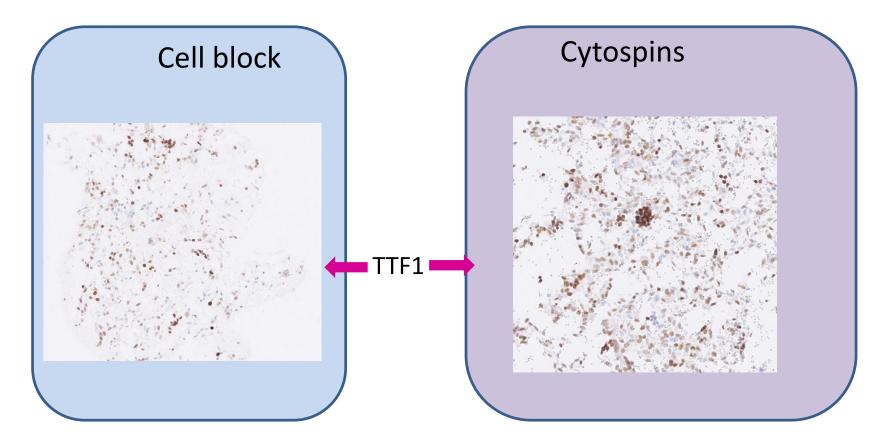


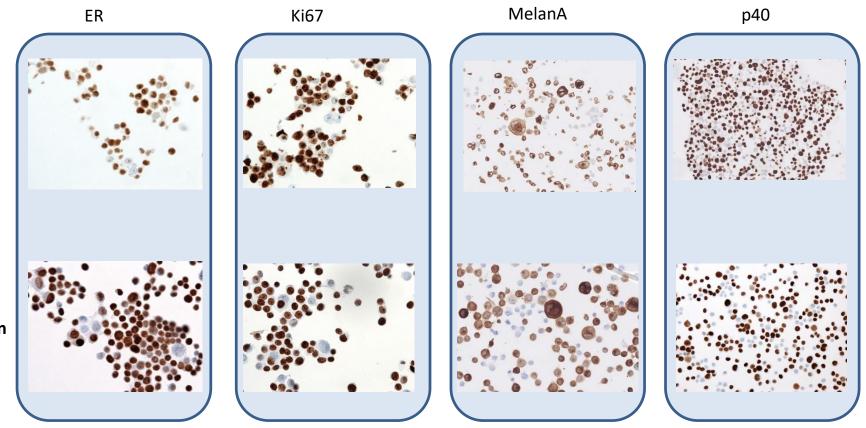






TTF in low expressor cells -luminal epithelial cells of the terminal bronchioles, normal lung





СВ

Cytospin

Liquid based cytology (LBC)

- sample suspended in commercial transport medium
- automated slide preparation (ThinPrep, SurePath, CellPrep....)
 - membrane filtration
 - gradient centrifugation



LBC

Advantages

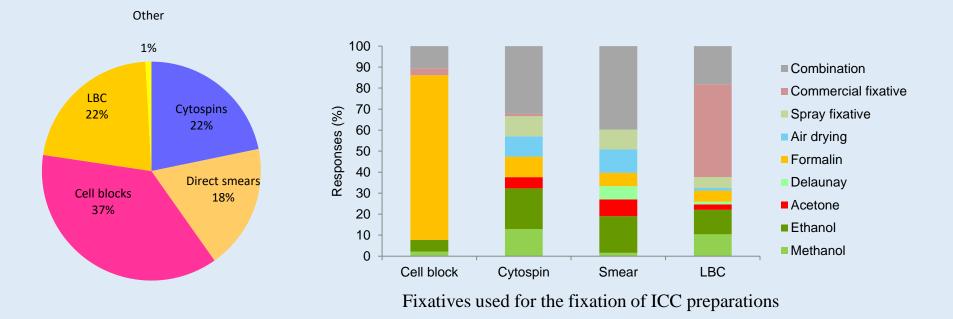
- easy storage of samples
- postpone decision
- monolayer distribution of cells
- multiple slides

Disadvantages

- expensive equipment
- ↑ cost
- Prefixed cells clumping



Slides used for ICC – European survey



Srebotnik Kirbiš I, Rodrigues Roque R, Bongiovanni M, Strojan Fležar M, Cochand-Priollet B. Immunocytochemistry practices in European cytopathology laboratories-Review of European Federation of Cytology Societies (EFCS) online survey results with best practice recommendations. Cancer Cytopathol. 2020;128(10):757-766.



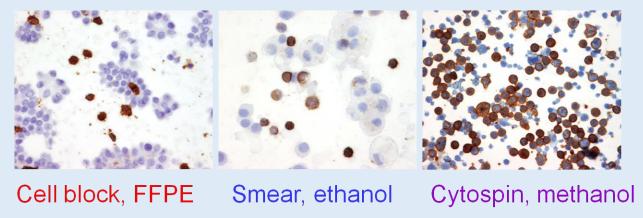


Alcohol-based fixatives negatively impact the immunoreactivity of markers.

(i) Start presenting to display the poll results on this slide.

Good ICC quality can be achieved on a differently prepared slides

CD 45 (DAKO M701)



Kirbis IS, Maxwell P, Flezar MS, Miller K and Ibrahim M. External quality control for immunocytochemistry on cytology samples: a review of UK NEQAS ICC (cytology module) results. Cytopathology 2011, 22, 230–237.

ICC reality

- Processing of cytology samples for ICC is not standardized
- Great variability in all aspects of ICC on cytology samples
- Good ICC quality can be achieved on a differently prepared slides
- Reliability of ICC (correct, accurate, repeatable)?

Quality assurance/quality control (QA/QC)

Why?

- Reliable ICC results (correct, accurate, repetable)
- Accreditation

How?

- Control slides
- ICC optimization and validation
- External quality control (EQA)
- Institute CLS. Quality assurance for design control and implementation of immunohistochemistry assays: approved guideline, second edition. CLSI Document I/LA28-A2: Clinical and Laboratory Standards Institute; 2011.
- Hardy LB, Fitzgibbons PL, Goldsmith JD, Eisen RN, Beasley MB, Souers RJ, et al. Immunohistochemistry validation procedures and practices: a College of American Pathologists survey of 727 laboratories. Arch Pathol Lab Med. 2013;137(1):19-25.
- Torlakovic EE, Riddell R, Banerjee D, El-Zimaity H, Pilavdzic D, et al. Canadian Association of Pathologists-Association canadienne des pathologistes National Standards Committee/Immunohistochemistry: best practice recommendations for standardization of immunohistochemistry tests. Am J Clin Pathol. 2010;133(3):354-65.

Control slides

Positive control slides

- Sample with known expression of antigen
- Prepared as patients sample
 Check:
- staining procedure
- antibody reactivity

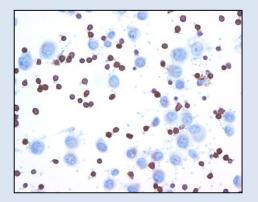
Negative control slides

- Additional slide from diagnostic sample
- Replacing primary antibody with diluent buffer

Check:

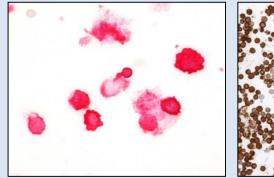
non-specific staining

Positive control slides



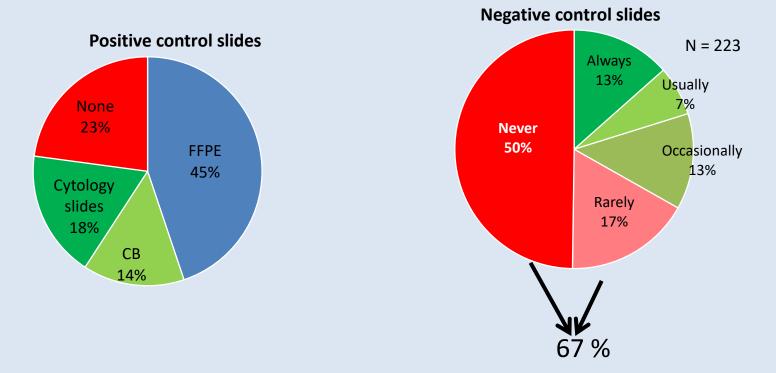
- enough well distributed cells in monolayer
- positive and negative cell population
- good cell morphology







ICC Controls - European survey



Srebotnik Kirbiš I, Rodrigues Roque R, Bongiovanni M, Strojan Fležar M, Cochand-Priollet B. Immunocytochemistry practices in European cytopathology laboratories-Review of European Federation of Cytology Societies (EFCS) online survey results with best practice recommendations. Cancer Cytopathol. 2020;128(10):757-766.

How to prepare enough good control slides from cytology samples?

Cytology samples for controls

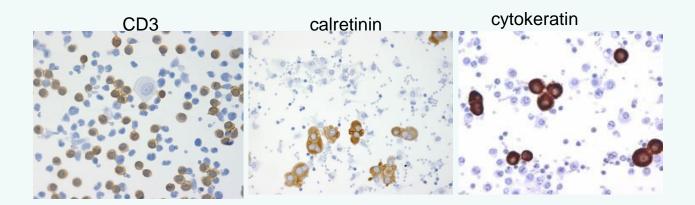
- leftovers of diagnostic cytology samples
- effusions
- cytology samples (FNA's, brushings) of fresh resected tumours
- human cell lines





Effusion for controls

- lymphoid cells (CD3,CD20,CD45)
- mesothelial cells (calretinin, HBME, CK5/6)
- carcinoma cells (cytokeratins, MOC-31)



FNA's of resected tumors

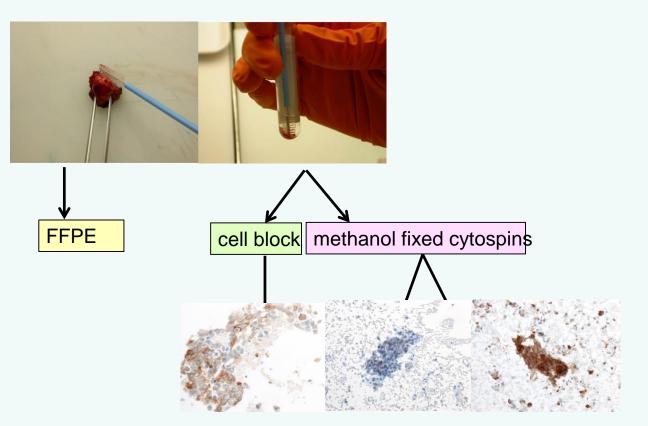


ex-vivo FNAB sample of intraabdominal desmoplastic small cell tumour; desmin on Papanicolaou stained cytospin



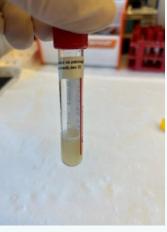
ex-vivo FNAB sample of thyroid carcinoma; thyroglobulin on Papanicolaou stained cytospin

Brushing of resected tumors- PDL1 study

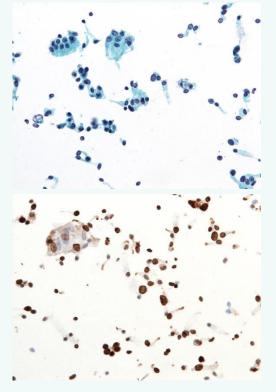


Brushing of fresh tissue – controls SATB2





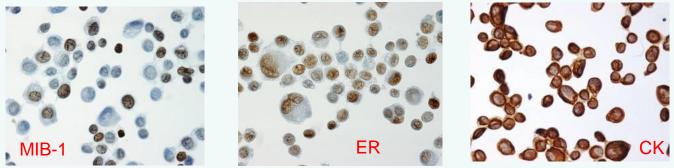
→ 30 cytospins



SATB2 on cytospin

Cell lines for controls

Human breast cancer cell line MCF-7



Human melanoma cell line SK-MEL 28



Good control slides from cytology samples

TEAM work:

- hunt suitable sample
- testing

TIME:

- slide preparation
- analysis (evaluation, comparison)
- documentation

Negative controls

Negative control slides

- Additional slide from diagnostic sample
- Replacing primary antibody with diluent buffer

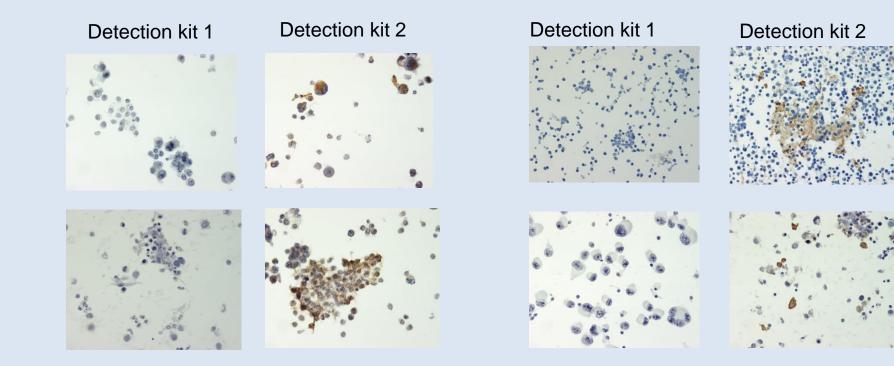
Check:

non-specific staining

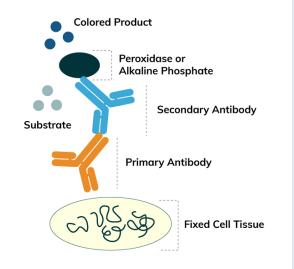
Each sample?

- according to lab experiencies
- any change in slide preparation technique
- any change in immunostaining protocol

Negative controls – new detection kit



Optimization and validation



Antibodies for IHC detect epitopes in FFPE!

Each modification/variation from standard FFPE should be validated

Quality Assurance For Immuncytochemistry: Approved Guideline, Clinical Laboratory Standards Institute (formerly NCCLS), Wayne PA, USA, publication MM4-A, Vol. 19, No. 26, 1999. www.clsi.org

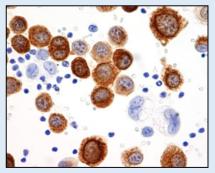
Optimization and validation

Optimization – adjustment of steps in ICC procedure Validation – reliable, correct, results Basic requirements

- Adequate positive controls
- Assessment of ICC quality!

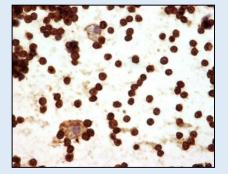
Quality of ICC

Optimal quality ICC



- properly localized
- clearly visible
- specific
- well preserved cell morphology
- no background

Poor quality ICC

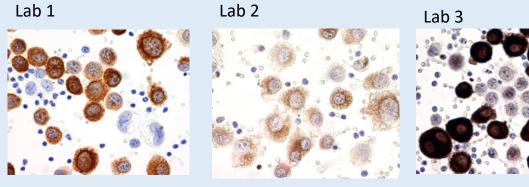




- poor cell morphology
- non specific staining
- background

Discrepancy in perception of imunocytochemical staining quality

HMB-45 on identical UK NEQAS slides



Very good Very good Very good Borderline Very good Borderline

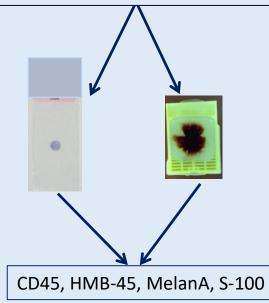
In house assessors External assessors

Basic assessment scores(1-5)

Score	Description	Interpretation		
5	Excellent	No improvements are required.		
4	Good	Minor improvements are possible.		
3	Adequate/Sub- optimal- clinically safe	Weak demonstration of antigen, below the expected level. Non-specific and/or inappropriate staining is present but does not make the staining uninterpretable. Some morphological damage caused by excessive pretreatment. Poor tissue/section quality. Excessive or very weak haematoxylin counterstain.		
2	Poor/Sub-optimal -clinically unsafe	Clinically uninterpretable. Staining has no utility. Improvement essential.		
1	Inadequate	Clinically uninterpretable. Staining has no utility. Improvement essential. No significant demonstration of requested antigen.		

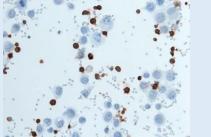
Run 108 – CD45, melanoma

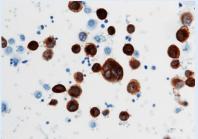
- Human melanoma cell line SK-MEL28
- Effusion with carcinoma cells, few mesothelial cells, Erci
- FNAB of lymph node



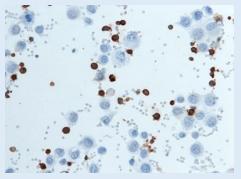




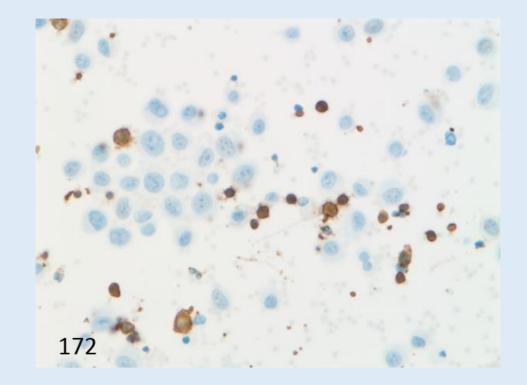




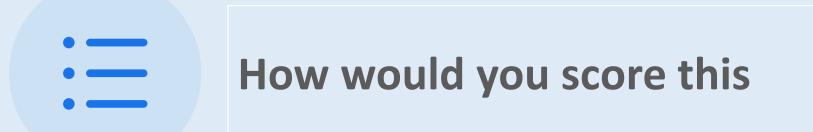
CD45/reference



LAB 172 (CD45) - cytospin





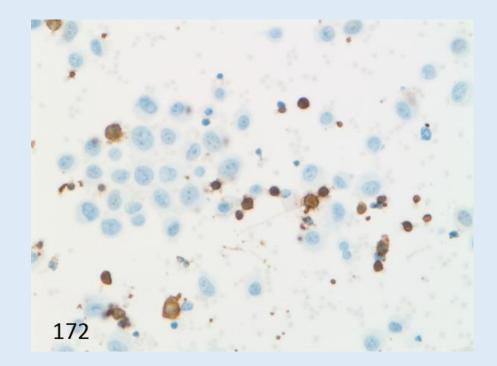


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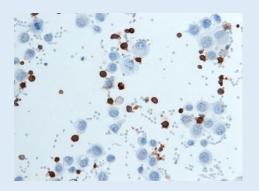
CD45



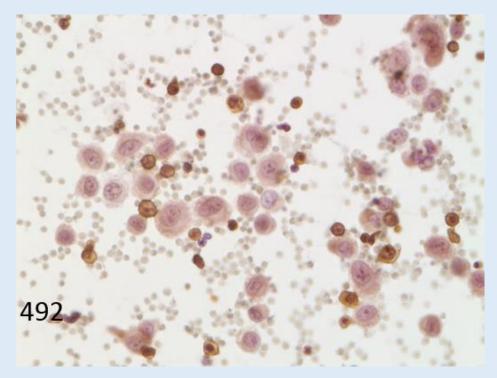
LAB 172 (CD45) - cytospin



5+5+5+5=20



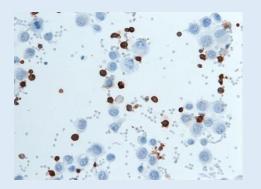
LAB 492 (CD45) - cytospin



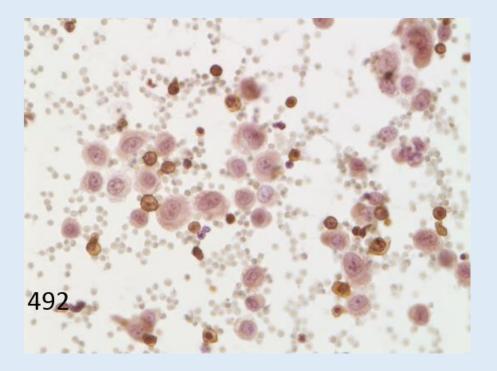




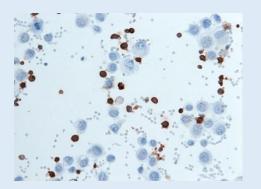
(i) Start presenting to display the poll results on this slide.



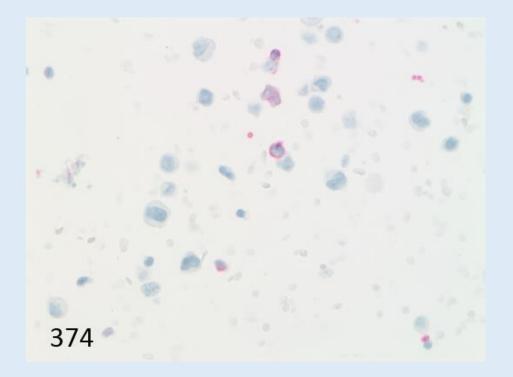
LAB 492 (CD45) - cytospin



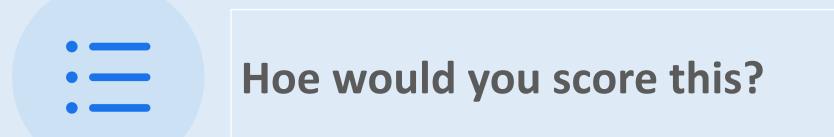
2+3+2+2= **9**



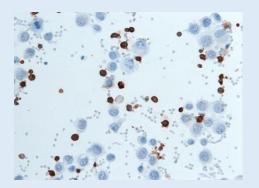
LAB 374 (CD45) - cell block







(i) Start presenting to display the poll results on this slide.



LAB 374 (CD45) - cell block



Optimization of IHC/ICC protocols

Optimization – adjusting steps in IHC/ICC staining procedure yielding the best ratio between specific/nonspecific staining

ICC protocols ≠ IHC protocols

ICC protocols ≠ IHC protocols

Our optimization

- Cytospins fixed in methanol
- 39 antibodies

Step	ICC	ІНС
Deparaffination	no	yes
H2O2/methanol	yes	no
Antigen retrieval	1/39 (2 %)	38/39 (97 %)
iView	34/39 (87 %)	2/39 (5 %)
ultraView	4/39 (10 %)	32/39 (82 %)
optiView	0	4/39 (10 %)
Antibody dilutions ICC : IHC	127/39 (69 %) = 12/39 (31 %)	

ICC protocols ≠ **IHC** protocols

- Cellient cell blocks adapted IHC protocol for 15/30 antibodies
- LBC: FFPE from the same sample 10 % Ab non reactive/inconsistent on LBC using IHC protocols
- Thrombin CB : Cellient CB (70 samples)- Cellient CB modified FFPE protocol (43 %)

- Sauter et al. Validation and Optimization of Immunohistochemistry Protocols for Use on Cellient Cell Block Specimens. Cancer (Cancer Cytopathol) 2016;124:89-99.
- Sauter JL, Ambaye AB, Mount SL. Increased utilization, verification, and clinical implications of immunocytochemistry: Experience in a northern New England hospital. Diagn Cytopathol 2015;43(9):688-95.
- Sauter JL, Grogg KL, Vrana JA, Law ME, Halvorson JL, Henry MR. Young investigator challenge: Validation and optimization of immunohistochemistry protocols for use on cellient cell block specimens. Cancer Cytopathol. 2016;124(2):89-100.

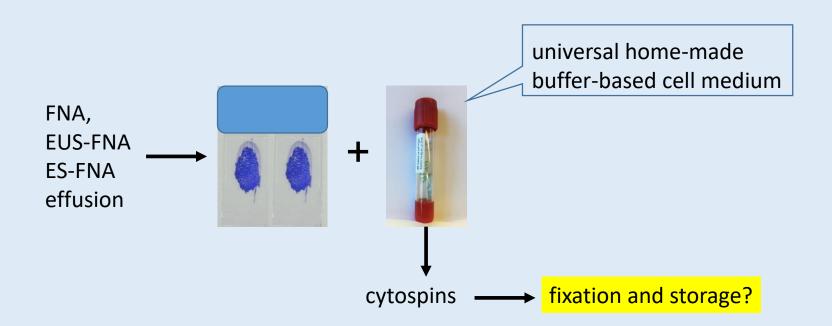
Validation

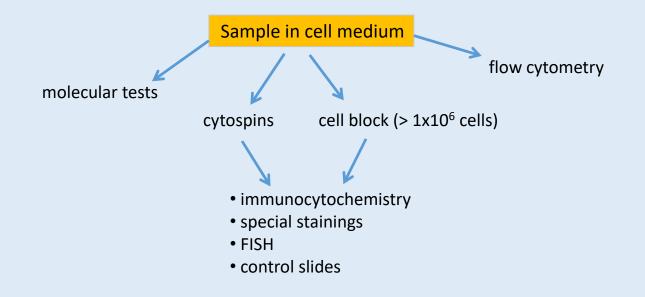
- Validation ensures a test works as intended. Any antibody assay (novel or replacement) must be validated before it is put into use as a diagnostic test.
- <u>Objective</u> evidence that test performs reliable and consistently accurate, correct, reliable results

ICC : IHC/flow cytometry immunophenotyping/....

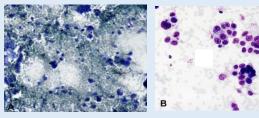
- Quality Assurance For Immuncytochemistry: Approved Guideline, Clinical Laboratory Standards Institute (formerly NCCLS), Wayne PA, USA, publication MM4-A, Vol. 19, No. 26, 1999. www.clsi.org
- College of American Pathologists

Validation of ICC on cytospins – our approach

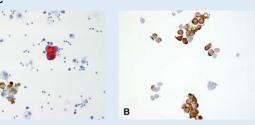




Hemorrhagic sample After filtration



ICC



Validation of ICC

- Optimal fixation for CD markers (ICC : IHC: flow cytometry)
- Optimal fixation for Ki67 (ICC: S-phase)
- Optimal fixation for ER (MCF-7 cell line, ICC:IHC)

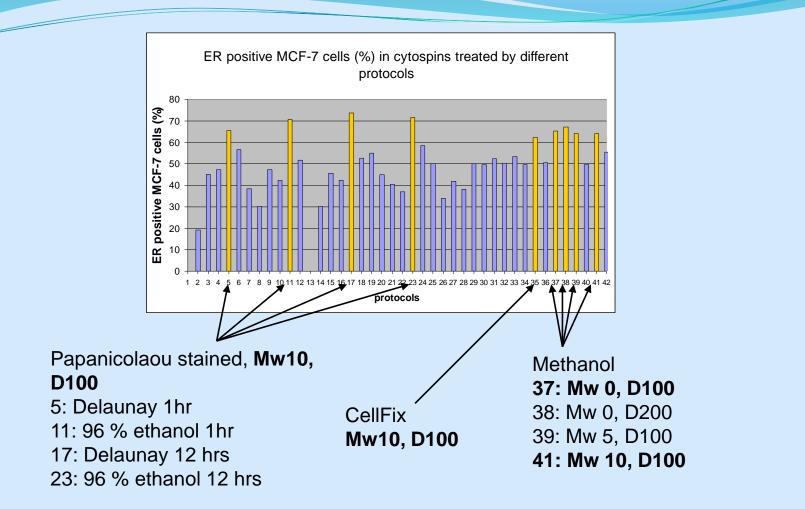
ER optimization and validation

Optimal protocol set-up on MCF-7 cell line

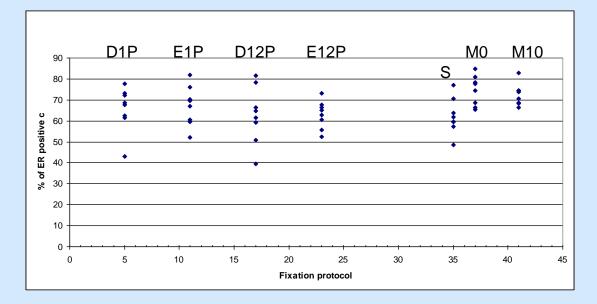
Evaluation of protocols on ex-vivo FNAB samples

Introduction of automated immunostaining

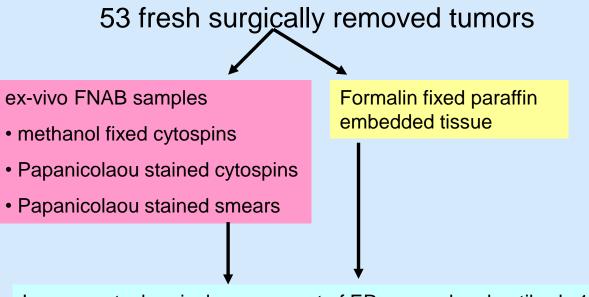
Follow up - response to hormonal treatment



Variability in ICK detection of ER positive MCF-7 cells



Protocol evaluation on ex-vivo FNAB samples



Immunocytochemical assessment of ER, monoclonal antibody 1D5

ER on ex-vivo FNAB samples - concordance with corresponding tissue sections

concordance kappa

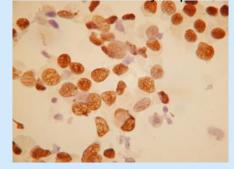
Papanicoalou stained smears 92 % 0.75

Papanicoalou stained cytospins 94 % 0.84

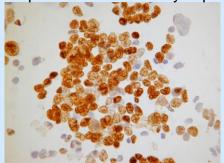
methanol fixed cytospins 100 % 1.00

ER assessment

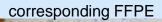
methanol-fixed cytospin



Papanicolaou stained cytospin



corresponding FFPE



Validation of ICC on cytospins

Methanol

- Optimal fixation for CD markers (ICC : IHC: flow cytometry)
- Optimal fixation for Ki67 (ICC: S-phase)
- Optimal fixation for ER (MCF-7 cell line, ICC:IHC)

Kirbis IS, Flezar MS, Krasovec MU. MIB-1 immunostaining on cytological samples: a protocol without antigen retrieval. Cytopathology. 2004;15(3):154-159. doi:10.1111/j.1365-2303.2004.00146.x

Srebotnik Kirbiš I, Us Krašovec M, Pogačnik A, Strojan Fležar M. Optimization and validation of immunocytochemical detection of oestrogen receptors on cytospins prepared from fine needle aspiration (FNA) samples of breast cancer. Cytopathology. 2015;26(2):88-98. doi:10.1111/cyt.12143

Srebotnik Kirbis I, Prosen L, Strojan Flezar M. Time-related changes in cell morphology and biomarker immunoreactivity for cells stored in a buffer-based cell medium. Cytopathology. 2021;32(4):513-518. doi:10.1111/cyt.12980

Validation of ICC

38 other markers:

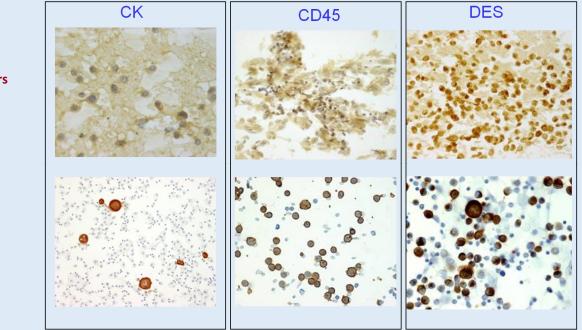
- positive controls with known/expected expression
- methanol preserve all tested antigens

Validation of ICC

50 diagnostic routine cytology samples ICC on methanol fixed cytospins : IHC on concordant FFPE

	ICC			
IHC	Neg	Poz	Together	
Neg	67	0	67	
Poz	5	74	79	
Together	72	74	146	
Concordance	141/146, 97 %, к = 0,93			

Development of sample processing

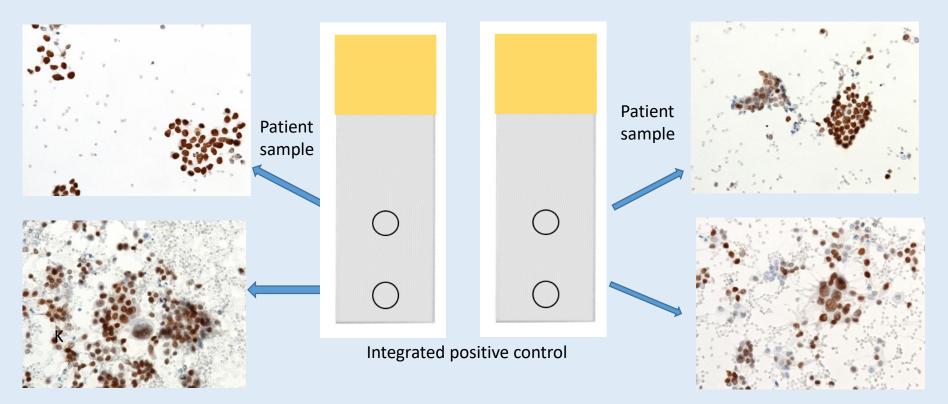


1988 Direct smears

2008 Cytospins ER

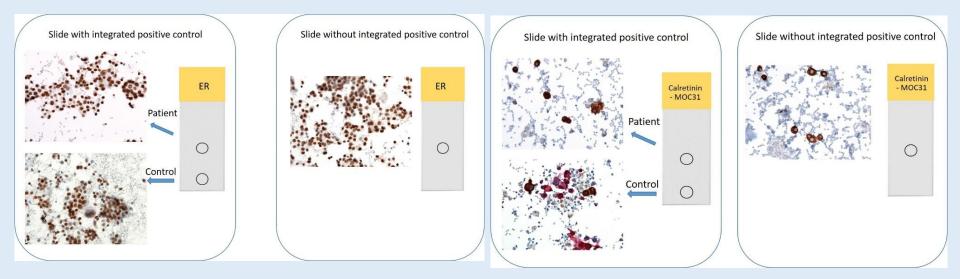
Integrated On-Slide Positive Controls for Immunocytochemistry on Cytology Slides

PR



Srebotnik Kirbiš I, Roque RR, Strojan Fležar M. Integrated On-Slide Positive Controls for Immunocytochemistry on Cytology Slides. *Acta Cytologica*. 2024:1-7.

Identical ICC reactions on slides with or without integrated positive controls – 11 samples



Integrated on slide controls - validation

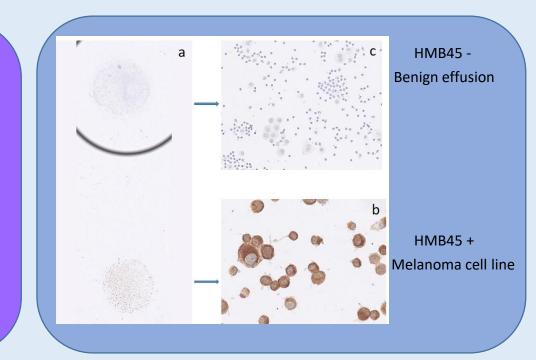
Oct 2021 – Dec 2023

- 368 ICC
- no cell loss
- no cells carryover
- no false positive

ICC Marker	N (%)
Calretinin/MOC31	191 (52%)
TTF-1	93 (25%)
ER, PR	84 (23%)

Contamination or cells carryover?

ICC 2023	Control +	Patient sample	
	Ť	+	-
Calretinin/MOC31	53	20	33 (62%)
TTF1	38	19	19 (50%)
ER,PR	64	53	11 (17%)



Conclusion

Immunocytochemistry

- Essential in modern cytopathology
- Proper QA/QC mandatory for reliable, consistent, correct results
- Demanding but feasible



Thank you for your attention





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